

# Later Life Newsletter

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No 10

“Supporting Communication between  
DWP and Government Office”

### Resource Guide for Local Authorities Transport Solutions for Older People

was launched on 1 October to mark the UK's Older People's Day. The resource guide is largely a list of links to resources and good practice examples to help local authorities when looking at the transport needs of older people. Its primary focus is on the end to end journey and it therefore promotes partnership working, community transport and car sharing solutions for helping overcome the transport barriers experienced by older people. The resource guide is aimed primarily at local authorities but could as well be useful for wider stakeholders, i.e. Local Strategic Partnerships as they are best placed to ensure effective transport solutions are targeted to meet local needs.

[http://www.dft.gov.uk/pgr/inclusion/older/transport\\_solutions.pdf](http://www.dft.gov.uk/pgr/inclusion/older/transport_solutions.pdf)

### Older People's Day – bigger than last year!

The profile of UK Older People's Day was significantly increased this year, and secured far greater stakeholder and public involvement than in 2008. There were 577 events registered with DWP, of which 508 were listed on the Full of Life website. This included at least 10 'umbrella' events, bringing the total number of events at a local level to around 1000. This compares with only 275 events registered in 2008. From information provided by stakeholders and event organisers, DWP estimate that at least 80,000 people will have been involved directly in this year's events as well as people involved in events not formally registered with DWP. DWP

celebrated the day with stakeholders by holding a well received reception at the “Age, Snapped” exhibition on the evening of 1 October at the London College of Communication, and despite a crowded news agenda, were also able to secure a significant media profile for the day.

[www.dwp.gov.uk/policy/ageing-society/full-of-life/](http://www.dwp.gov.uk/policy/ageing-society/full-of-life/)

### Messages from older people about housing in later life

The dramatic increase in life expectancy has changed the shape of British society. The design of homes and neighbourhoods has not caught up with this massive social change, even though older people see housing as the most essential factor in whether they will be able to manage and live well in later life. Care & Repair England has asked older people across the country what is important to them about housing in later life, and has produced a short brochure summarising older people's key messages to those who are making decisions about related future policies. In addition to this is a detailed report analysing the current issues concerning home adaptations, including likely future scale of need. This is available at:

[www.careandrepair-england.org.uk/timetoadapt.htm](http://www.careandrepair-england.org.uk/timetoadapt.htm)

### Let's Get Moving – Physical activity care pathway

was launched in 25 September. It is an evidence-based behaviour intervention aimed at inactive adults, and presses home the message that physical activity not only contributes to well being but is essential for good health. Older people are referenced, in particular around the promotion of independent living, as well as highlighting a 'very strong' correlation with Healthy Life Expectancy at age 65

[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_105945](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_105945)

### ONS Ageing in the UK mapping tool

allows you to analyse the age structure of the population at the Local Authority level more easily. You can see how the population has aged over time and is projected to continue to age by selecting from a list of indicators of population ageing, such as median age, and animating the map. Data can be extracted from the tool by selecting a local authority.

<http://www.statistics.gov.uk/ageingintheuk/default.htm>

### Working Together for Older People in Rural Areas short study publication

The Social Exclusion Task Force has published their report 'Working Together for Older People in Rural Areas'. It examines evidence on the social exclusion experienced by older people in rural areas and identifies examples of innovative service delivery that can make a real difference

[http://www.cabinetoffice.gov.uk/social\\_exclusion\\_task\\_force/short\\_studies/working\\_together.aspx](http://www.cabinetoffice.gov.uk/social_exclusion_task_force/short_studies/working_together.aspx)

### Digital Outreach Grant to support Digital Switchover – Apply now!

Digital Outreach is providing a Grant programme to enable local organisations and groups to increase awareness of the switchover from analogue to digital television by running events or other activities in connection with switchover. The grant programme ranges from £500 to a maximum of £3,000. Any community group or third sector organisation can apply for a Digital Outreach Grant. The fund is only for activities that can demonstrate that they can engage with older people, people with sensory, mobility or dexterity impairments, people with learning difficulties, people who have experienced mental health problems, people whose first language is not English, and people who may be socially isolated.

To apply for a grant phone 01457 891912 or email [lelliott@digitaloutreach.org.uk](mailto:lelliott@digitaloutreach.org.uk)  
[simon.wilkinson1@dwp.gsi.gov.uk](mailto:simon.wilkinson1@dwp.gsi.gov.uk)  
[russell.taylor@dwp.gsi.gov.uk](mailto:russell.taylor@dwp.gsi.gov.uk)  
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